

## The Children's International Dental Project



The Children's International Dental Project was started in 1987 by Dr. James Urban after trekking and hiking in Nepal.

The vision of the CIDP is to provide quality dental care to poor children, street kids, orphans in "homes", hospitals, schools, community centers and villages where there would never be a dentist. While children are our priority, we also treat adults.

Our initial missions were to Nepal (9 times) until the political environment changed especially after 9-11. We then expanded to other countries such as Sikkim, Bhutan, Darjeeling, India, Samoa, Argentina, Africa and Ecuador.

We are a "mobile" type of dental mission as opposed to working in a local clinic for 2-4 weeks. Through local contacts and support, we try to go where the need is the greatest – an area with no dentists or access to care but having electrical service or generators.

We are able to provide quality dentistry to meet the patient's immediate needs such as infections and needed extractions. We also provide long lasting care by requiring everyone to go through a 15 -20 minute preventive program to learn how to brush and take care of their teeth. We provide information and printed handouts, in their language, on nutrition and healthy regional foods and what to avoid such as Coke a Cola, sugar cane, hard candies, etc. We also do permanent fillings, amalgam and some composites, thereby preventing the early loss of permanent teeth.

We are able to provide this kind of care because of donations from friends, patients, and interested donors. I have been able to accumulate 5 portable dental units, portable chairs and instruments for treatment. Our disposable items, of course, need to be continually replenished, the equipment and instruments serviced, repaired and replaced.

Our groups of volunteers consist of 3 – 6 dentists and 8 – 10 "helpers" (most do not have dental experience). You too can volunteer to be a participant. Or, you can be a participant through your tax deductible donation to the Children's International Dental Project. Make your donation to the Pikes Peak Community Foundation, FOR: CIDP and mail to: PPCF, 730 N. Nevada Ave., Colorado Springs, Co., 80903. I hope your donation enriches your life by knowing that you have been able to bring needed health care to a child, or individual, who would probably never have access to basic dental care and prevention. It changes their lives as well as ours.

Please view the website: [www.dentalvolunteers.com](http://www.dentalvolunteers.com). You can contact me directly at: [drurban@dentalvolunteers.com](mailto:drurban@dentalvolunteers.com) for more information. Please share this with a friend who would be supportive of this project.

Thank you for your generous support.

Dr. James Urban

**Dr. James E. Urban DDS.,MS.**

**THE CHILDREN'S INTERNATIONAL DENTAL PROJECT - SUPPLIES AND EQUIPMENT**

THIS IS AN APPROXIMATE LIST, AND COST, OF SUPPLIES AND EQUIPMENT WE USE ON EACH DENTAL MISSION. I HAVE DIVIDED THIS INTO FOUR SECTIONS TO REFLECT OUR IMMEDIATE AND LONG TERM NEEDS, SO THAT, YOU WILL KNOW WHAT YOUR DONATION WILL COVER OR TO WHICH ITEMS YOU MIGHT LIKE TO DESIGNATE IN YOUR DONATION. THANK YOU FOR HELPING TO MAKE OUR MISSIONS POSSIBLE AND YOUR PARTICIPATION.

**OUR GREATEST NEED** IS TO REPLACE OUR HANDPIECES (DRILLS). WE NEED 5 LOW AND 5 HIGH SPEED HANDPIECES, ONE FOR EACH OF OUR DENTAL UNITS. EACH LOW SPEED IS APPROXIMATELY \$600 AND THE HIGH SPEED HANDPIECES ARE \$295.

<b>IMMEDIATE DISPOSABLE ITEMS (EACH TRIP)</b>		<b>DISPOSABLE ITEMS ( 1-3 YEARS)</b>	
TOOTHBRUSHES -800-	370.00	TOPICAL ANESTHETIC	\$40.00
GLOVES	100.00	COLD STERILIZATION (BIREX)	87.00
PATIENT BIBS-2CASES	60.00	SUTURES – 3 BOXES	75.00
GAUSE – 2X2 AND 4X4 SIZES	55.00	WOODEN WEDGES (500/PKG)	36.25
ANESTHETIC (3 TYPES)	650.00	COPALITE	16.75
NEEDLES (2 TYPES)	150.00	DYCAL	89.95
SALIVA EJECTORS	25.00	TOFFLEMIRE HOLDERS/BANDS	88.75
KETEC GLASS IONOMER,2PKGS	680.00	COTTON ROLLS – 1 CASE	29.00
GC FUJI GLASS IONOMER	724.00	AMALGAM-500 (SILVER FILLING)	572.00
SURFACE DISINFECTANT	17.00	ARTICULATING PAPER	15.00
BURS – VARIOUS TYPES AND SIZES	120.00	PORTABLE DENTAL UNITS NEED REPAIR-AROUND \$200/ UNIT	
<b>LONGER LASTING ITEMS ( 3-5 YEARS)</b>		<b>LONG LASTING ITEMS ( 5 PLUS YEARS)</b>	
COMPOSITE PLACING INST. (6)	\$41.50	MOLAR FORCEPS (4)	\$170.00
AMALGAM CARRIERS (6)	53.00	RONGEURS (2)	265.00
AMALGAM CARVERS (6)	25.50	SUCTION TIPS (12)	95.00
PORTABLE DENTAL UNITS (NEW)	2695.00	ELEVATORS (4)	62.00
LOW SPEED HANDPIECES	295.00	ROOT TIP PICKS (4)	45.00
HIGH SPEED HANDPIECES	600.00		